

# THE CATHOLIC MASS SHEET

ENGLISH STANDARD VERSION

16th Sunday in Ordinary Time (C)

20th July 2025

## THE INTRODUCTORY RITES

*Stand*

**Entrance Antiphon** or a hymn.

Ps 53: 6, 8

See, I have God for my help.  
The Lord sustains my soul.  
I will sacrifice to you with willing heart,  
and praise your name, O Lord, for it is good.

*All make the Sign of the Cross as the Priest  
says:*

In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

*The Priest greets everyone present.*

*The people respond:* **And with your spirit.**

*The Mass of the day may be introduced.*

## Penitential Act

*The Priest invites the people to repentance using  
one of the Penitential Acts.*

Have mercy on us, O Lord.  
**For we have sinned against you.**

Show us, O Lord, your mercy.  
**And grant us your salvation.**

*The Priest says the absolution. All reply: Amen.*

Lord, have mercy. *Or* Lord, have mercy.  
Christ, have mercy. *Or:* Christ, have mercy.  
Lord, have mercy. *Or* Lord, have mercy.

## The Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
**Amen.**

## The Collect

Show favour, O Lord, to your servants  
and mercifully increase the gifts of your grace,  
that, made fervent in hope, faith and charity,  
they may be ever watchful in keeping your commands.  
Through our Lord Jesus Christ, your Son,  
Who lives and reigns with you in the unity of  
the Holy Spirit,  
God, for ever and ever.  
**Amen.**

*Sit*

## THE LITURGY OF THE WORD

### First Reading

A reading from the Book of Genesis.

Genesis 18:1-10a

In those days: The LORD appeared to Abraham  
by the oaks of Mamre, as he sat at the door of  
his tent in the heat of the day. He lifted up his  
eyes and looked, and behold, three men were  
standing in front of him. When he saw them, he  
ran from the tent door to meet them and bowed  
himself to the earth and said, 'O Lord, if I have

found favour in your sight, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree, while I bring a morsel of bread, that you may refresh yourselves, and after that you may pass on - since you have come to your servant.' So they said, 'Do as you have said.' And Abraham went quickly into the tent to Sarah and said, 'Quick! Three measures of fine flour! Knead it, and make cakes.' And Abraham ran to the herd and took a calf, tender and good, and gave it to a young man, who prepared it quickly. Then he took curds and milk, and the calf that he had prepared, and set it before them. And he stood by them under the tree while they ate. They said to him, 'Where is Sarah your wife?' And he said, 'She is in the tent.' The LORD said, 'I will surely return to you about this time next year, and Sarah your wife shall have a son.'

'The word of the Lord.

**Thanks be to God.**

## Psalm

15(14):2-3a. 3b-4b. 5. R.1a

### **R. O LORD, who may abide in your tent?**

Whoever walks without fault;

who does what is righteous,

and speaks the truth from his heart;

whoever does not slander with his tongue.

**R.**

Who does no wrong to a neighbour,

who casts no slur on a friend,

who looks with scorn on the wicked,

but honours those who fear the LORD.

**R.**

Who lends no money at interest,  
and accepts no bribes against the innocent.  
Such a one shall never be shaken.

**R.**

### **Second Reading**

A reading from the first letter of St Paul to the  
Colossians

Colossians 1:24-28

Brothers and sisters: Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in Christ's afflictions for the sake of his body - that is, the Church - of which I became a minister according to the stewardship from God that was given to me for you, to make the word of God fully known - the mystery hidden for ages and generations, but now revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ  
The word of the Lord.  
**Thanks be to God.**

### **Gospel Acclamation**

*Stand*

**Alleluia, alleluia.**

Cf. Luke 8:15

**Blessed are those who hold fast to the  
word of God  
in an honest and good heart,  
and bear fruit with patience.  
Alleluia!**

## Gospel

Luke 10: 38-42

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Luke.

**Glory to you, O Lord.**

At that time: Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, 'Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## The Homily

*Sit*

## The Nicene Creed

*Stand*

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*and by the Holy Spirit All bow*  
*was incarnate of the Virgin Mary,*  
*and became man.*  
For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

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He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.

## The Prayer of the Faithful

*Response example:* Lord, in your mercy.

**Hear our prayer.**

*After the concluding prayer all say: Amen. Sit*

## THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.*

*A hymn may be sung.*

*If the Priest says the two prayers of offering  
aloud, the response both times is:*

**Blessed be God for ever.**

*The people rise as the Priest says:*

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father

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*The people reply:*

**May the Lord accept the sacrifice**

**at your hands**

**for the praise and glory of his name,**

**for our good**

**and the good of all his holy Church.**

## **Prayer over the Offerings**

O God, who in the one perfect sacrifice  
brought to completion varied offerings of the law,  
accept, we pray, this sacrifice from your faithful  
servants  
and make it holy, as you blessed the gifts of Abel,  
so that what each has offered to the honour of  
your majesty  
may benefit the salvation of all.  
Through Christ our Lord.

**Amen.**

## **The Eucharistic Prayer**

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

*The Priest continues with the Preface and  
concludes with the people, singing or saying aloud:*

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of  
the Lord.**

**Hosanna in the highest.   *Kneel***

## **Eucharistic Prayer II**

*{The Priest may use a different Eucharistic Prayer.}*

You are indeed Holy, O Lord, the fount of all holiness.

Make holy, therefore, these gifts, we pray,

by sending down your Spirit upon them

like the dewfall,  
so that they may become for us  
the Body and Blood of our Lord, Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:  
TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:  
TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

Do THIS IN MEMORY OF ME.

The mystery of faith.

*The people continue, acclaiming:*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.  
Humbly we pray



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that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with **N.** our Pope and **N.** our Bishop  
and all the clergy.

Remember also our brothers and sisters  
who have fallen asleep  
in the hope of the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face . Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse, with the blessed Apostles,  
and all the Saints who have pleased you throughout the ages,  
we may merit to be coheirs to eternal life, and may praise and glorify you  
through your Son, Jesus Christ.

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

*The people acclaim:* **Amen.**

## **The Communion Rite**

*Stand*

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,**

**but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,**

**the power and the glory are yours**

**now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.

*The Priest takes the host and breaks it.*

*Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,**

have mercy on us.

Lamb of God, you take away the sins of the world,

have mercy on us.

Lamb of God, you take away the sins of the world,

Grant us peace. *Kneel*

*The Priest shows the host to the people and says:*

Behold the Lamb of God,

behold him who takes away the sins of the world.

Blessed are those called to the supper

of the Lamb.

Lord, I am not worthy

that you should enter under my roof,

but only say the word

and my soul shall be healed.

*The Priest or other minister says to each communicant*

The Body [Blood] of Christ.

*Each communicant answers:* Amen.

### Communion Antiphon

Ps 110: 4-5

The Lord, the gracious, the merciful,

has made a memorial of his wonders;

he gives food to those who fear him.

Amen.

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## Prayer after Communion

*Stand*

Graciously be present to your people, we pray,  
O Lord,  
and lead those you have imbued with heavenly  
mysteries  
to pass from former ways to newness of life.  
Through Christ our Lord.

**Amen**

## THE CONCLUDING RITES

*Announcements may be made.*

*Priest:* The Lord be with you.

*All:* **And with your spirit.**

**Amen.**

*Then the Deacon, or the Priest, says :*

Go forth, the Mass is ended, *Or:*

Go and announce the Gospel of the Lord, *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace. alleluia, alleluia.

**Thanks be to God.**